



ENDOMETRIAL FUNCTION TEST® (EFT®)

Biopsy and Shipping Protocol

- For a natural cycle screen, a cycle day 24 biopsy (LH+11) is usually sufficient. For an IVF-like mock cycle, see the Grunert protocol on our website. For mock cycles, it is often useful to also assess PR and p27 on cycle day 15 (second **FULL** day of P for mock cycles). Note, we assume the urine LH surge occurs on cycle day 13, ovulation and the first **FULL** day of P are defined as day 14. Preferred biopsy dates, in order:
d24: d24, d25, d26, d23, d27. Please do not send samples earlier than cycle day 23.
d15: d15, d16, d14, d17. Please do not send samples later than d17 or earlier than d14.
- Perform a standard endometrial biopsy (if using a Pipelle, biopsy only once per insertion, pull plunger, rotate Pipelle as you withdraw from the uterus). Also consider using a Milex Uterine Explora Model I Curette (see web site for details).
- **Cut tip of Pipelle or curette off before ejecting tissue into fixative.**
- Place in standard 10% Neutral Buffered Formalin (NBF) in soft plastic (polypropylene) tube or jar with tight cap. **Add 1% glycerol for all Winter and international shipments to prevent freezing.** Biopsies should be sent the same day as the procedure, except on Fridays and weekends, in which case the biopsy should be refrigerated and sent the following Monday.
- Send only via **FedEx Priority Overnight** (overseas clinicians can use standard airmail). Please place biopsy container in a BioHazard bag, then place that bag in a strong secondary container. Place protected specimen and envelope with our EFT® forms into a FedEx Clinical Pak (available from FedEx at 800-463-3339). Use only our pre-addressed FedEx Airbill (request these from our website order form).
- We will not be able to process any biopsies without the completed, MD signed, *Request for Endometrial Function Test® (EFT®)* and patient signed HIPAA forms placed in an envelope along with a money order or cashier's check in the amount of \$595 made payable to **Yale University**.  and  are now also accepted (see Request for EFT® form). Please note that we will not be able to process any EFTs without both payment and a signed HIPAA form.
- Mail Priority Overnight to:

Harvey J. Kliman, M.D., Ph.D.
Yale University School of Medicine
Department of Obstetrics and Gynecology
310 Cedar Street, FMB 225
New Haven, CT 06510
203-785-7642

Please don't hesitate to contact Kristin Milano at 203-785-7642 or Harvey Kliman at 203-785-3854 (or via email at kristin.milano@yale.edu or harvey.kliman@yale.edu) if you have any questions.